

Points of Emphasis

1. Mouth Guards - In 2017 the foul for a mouth guard violation was changed from a personal foul to technical foul to encourage penalty enforcement for those who violate the rule. Coaches should encourage players to wear mouth guards properly (i.e. No Fish hooking) and officials are expected to call the foul.
2. Face-offs (4-3-3) –
 - a. Face off players are allowed to make contact first however only legal contact is allowed on players taking a face. Legal contact includes contacting a player with no other part of the body touching the ground except the feet. Contacting must also be made below the neck, above the waist and to the front or side of an opponent.
 - b. Faceoff players must have a visible contrasting color between the head and top glove on the shaft. Contrasting color can be accomplished with the original shaft color, paint, a single wrap, or materials that do not make the shaft circumference exceed 3.5 inches.
 - c. Officials should continue to enforce the face off procedure that players reverse surfaces of the crosse shall match evenly so that the top of one head aligns with the throat of the throat of their opponent. Additionally both heads shall be perpendicular to the ground.
3. Slow Whistle (7-8) – When there is a flag down during a slow whistle situation. The attacking team is no longer required to keep the ball in the goal area other wise known as “ the attack box”. A normal stalling situation can still be applied by officials if need.
4. Shots at the Ends of Periods (4-9-2o) – A goal will be allowed if the shot is released prior to the end of a period.
5. Cross Changes (Same specs as NCAA- with differences in colored shaft requirements for face-offs)